### Contents of Internship Packet Camp Au Sable Internship Program

**Application Form** - To be completed before starting internship.

**Internship Agreement** - To be completed by mentor before the internship begins and after discussing details/planning with a potential intern. This plan is subject to change with approval from Camp Administrative Committee.

**Weekly Report** - To be completed by interns, reviewed by mentor and turned in to office the following week. The purpose of this report is not to make sure you are "working hard enough", it is to record what you have accomplished, so that we can be sure to provide a complete and supportive final summary of what you have accomplished and so that Camp Administrative Committee can ensure quality mentorship.

**Quarterly Evaluation** - To be completed by intern and mentor and turned into the office (Due Dec 1, Mar 1, June 1). This is the best time to discuss and adjust goals set forth in the Internship Agreement.

**Exit Strategy Plan** - To be completed by intern and mentor - due by the time the internship is 2/3 completed. We want you to have a clear plan when you finish your internship.

Final Summary - Due before the intern leaves. This takes the place of the last quarterly report.

**Instructions for Mentor's Letter of Recommendation –** To be completed by mentor and signed by the director before intern leaves.

## Application Form Camp Au Sable Internship Program

Applicant's Name:	
Address:	
	_Email:
Date of Birth:	_
Citizenship: If not USA,	what visa status do you have?
Social Media Identity:	
Check all that apply: Male Female	Married Single Divorced
Religious Affiliation:	_ Baptized:
Driver's License number:	State:
Educational Experience:	
Year graduated from High School:	Name of School:
Number of years attended College:	Name of College:
Undergraduate degrees and major (if completed	d):
Number of years attended Graduate School:	Name of University:
Graduate degrees (if completed):	
List any other certificates/licenses earned (i.e. C	CPR, trades, CDL, lifeguard, ETC, high adventure
Previous Work Experience: Employer: Type of work: Dates e	employed: Supervisor:

Service/Voluntee Organization	er Record: (include church a Your Role	nd non-religious activities)  Length of Service
3		J
Health Record:		
List any known all	ergies:	
List any physical o	conditions/illness that might h	ninder you from certain activities:
Immunizations (lis	et all that you have):	
Hobbies and inte	erests (include music skills	if any):

#### Internship Position applying for (indicate first and second choice):

Housekeeping
Kitchen
Maintenance
Nature Center

On a scale of 0-3 indicate your level of interest and your level of experience.

 $0 = \text{none}, \quad 1 = \text{some}, \quad 2 = \text{quite a bit}, \quad 3 = \text{a lot!}$ 

Interest		Activity	E	кре	rien	се
0 1 2	2 3	Cooking	0	1	2	3
0 1 2	2 3	Cleaning	0	1	2	3
0 1 2	2 3	Mechanical	0	1	2	3
0 1 2	2 3	Working with wood	0	1	2	3
0 1 2	2 3	Electrical	0	1	2	3
0 1 2	2 3	Plumbing	0	1	2	3
0 1 2	2 3	Painting	0	1	2	3
0 1 2	2 3	Nature	0	1	2	3
0 1 2	2 3	Teaching	0	1	2	3
0 1 2	2 3	Horses	0	1	2	3
0 1 2	2 3	Driving large machinery	0	1	2	3
0 1 2	2 3	CLD driving	0	1	2	3
0 1 2	2 3	Office/clerical	0	1	2	3
0 1 2	2 3	Graphic Design	0	1	2	3
0 1 2	2 3	Marketing	0	1	2	3
0 1 2	2 3	IT	0	1	2	3
0 1 2	2 3	AV	0	1	2	3
0 1 2	2 3	Public Speaking	0	1	2	3
0 1 2	2 3	Mission work	0	1	2	3
0 1 2	2 3	Evangelism/outreach	0	1	2	3
0 1 2	2 3	Working with children	0	1	2	3

In the space below, tell us why you would like to be an intern at Camp Au Sable. Include how you think this internship would help you achieve your long term goals. (You may attach a document if you wish)

# Internship Agreement (to be filled out by mentor and signed by intern) Camp Au Sable Internship Program

Intern Name:		
Internship Position:		
Mentor's Name:		
Dates of Service:	Date Exit Plan is due:	
Monthly renumeration: \$400		
Usual Day off (subject to change as neede	d):	
Housing arrangements:		
Names of roommates:		
Vehicle assignment (if applicable):		
Using the space below, list and describe space this internship (these are subject to revisional changes that are planned as needed or attach a document.	sion with approval of the Camp Administra	ative Committee).
Goals:		
Activities/responsibilities:		

Please initial the following:			
I have read the internship guidelines.			
I agree to submit weekly reports and meet deadlines for ev	aluations contained in this packet.		
I understand that I may need to help out in other areas of c the internship agreement above.	amp as needed, beyond what is indicated in		
I understand my renumeration will be paid monthly and that	t it is subject to taxes.		
It is my desire and commitment to conduct myself in a Christ-like way as taught by the Bible and the Spirit of Prophecy. I understand that Camp Au Sable is owned and operated by the Seventh-day Adventist Church, I agree to live in harmony with the church's teachings. I will contribute to the mission of a local Seventh-day Adventist Church congregation by regular church attendance, giving a faithful tithe, and volunteering where possible.			
Intern's Signature:	_ Date:		
Mentor's Signature:	_ Date:		
Director's Signature:			

#### Internship Weekly Report Camp Au Sable Internship Program

Name:	Week Ending:
	<u> </u>

Indicate what tasks you did and when you did them related to your internship.

indic	Indicate what tasks you did and when you did them related to your internship.						
Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sabbath
6:00							
7:00							
8:00							
9:00							
10:00							
11:00							
12:00							
1:00							
2:00							
3:00							
4:00							
5:00							
6:00							
7:00							
8:00							
9:00							
10:00							
11:00							

Additional notes:

List internship activities that you particularly benefited from:
List internship activities would you like to try in the future:
List specific things you as an intern feel you should improve on:
Do you feel your mentor was involved enough? Too much? Explain.
List the social activities you participated in beyond your specific internship activities: (i.e. had lunch with resident staff, play night with kids)
List any spiritual activities you participated in beyond your specific internship activities: (i.e. church, camp programs, off camp activities)
List any service activities you participated in beyond your specific internship activities: (i.e. church, camp programs, off camp activities)
Remember: The purpose of this report is not to make sure you are "working hard enough", it is to record what you have accomplished so that we can be sure to provide a complete and supportive final summary of what you have accomplished and so that Camp Administrative Committee can ensure quality mentorship.
Intern's Signature:
Mentor's Signature:

## Quarterly Evaluation Camp Au Sable Internship Program

Name:	_ Report Due Date:
remind you of all you have accomplished and to rough	tion before signing. (You can attach a word document if
List the individual goals from the original internship agmet, or partially met, and how you plan on completing goals that you would like to add to your internship agr	g/meeting them in the future. Include any additional
List the completed activities/tasks from the original in	ternship agreement:
	nplete this next quarter? Are there others you would like
to add?	

Rate your work this quarter (your mentor will review your ratings):	1 poor, 2 weak, 3 ok, 4 good, 5 excellent
Attitude at workAttitude outside of workPunctualityEfficiency on the job	
Quality of productAppearance and cleanliness as appropriate for the task	
Knows when to seek advice and when to work independently	<i>1</i> .
What do you feel has been your most important contribution durin	g this quarter?
What has been the most important personal skill/experience that y	ou have gained during this quarter?
What has been your weakness this quarter and what are you plann	ing to do to improve?
How has your personal life (spiritual/social) been impacted by being	g an intern?
Suggestions you have on how to improve the internship program:	
Additional Comments by Mentor:	
Intern's Signature: [	Date:
Mentor's Signature:	Date:
Director's Signature: D (Director's signature indicates Camp Administrative Committee has	Pate: reviewed this evaluation)

## Final Evaluation Camp Au Sable Internship Program

Name: Po	osition:
The intern is asked to complete this evaluation in consultar quarterly reports to remind you of all you have accomplish pertain to your original goals. The mentor will discuss/edi word document if you wish). Camp Administrative Commi	ned and to roughly calculate the time spent as they the evaluation before signing. (You can attach a
List the specific goals that were accomplished during your	internship.
List specific activities/tasks that you accomplished and calweekly reports)	culate the hours you spend on these (from your

Rate your work this past year (your mentor will review Indicate where there was improvement over the year v	your ratings): 1 poor, 2 weak, 3 ok, 4 good, 5 excellent with an asterisk and use the space below to explain.
Attitude at work.	
Attitude outside of work.	
Punctuality	
Efficiency on the job	
Quality of product	an task
Appearance and cleanliness as appropriate for theKnows when to seek advice and when to work in	
What do you feel has been your most important contri	bution to camp?
What has been the most import personal developmen	t that you have gained during this quarter?
Explain how your spiritual walk has been affected by ca	amp?
Additional Comments by Mentor:	
Intern's Signature:	Date:
Mentor's Signature:(Mentor's signature indicates that the mentor has review.	Date:
	e specific activities/tasks listed in the quarterly reports
Director's Signature:	Date:
(Director's signature indicates Camp Administrative Codetailed letter of recommendation, which is based on quarterly reports and has been provided to the intern)	ommittee has reviewed this evaluation AND that a the goals included in the original agreement and
quarterly reports and has been provided to the interni	

#### Guidelines for Letter of Recommendation Camp Au Sable Internship Program

- 1. Begin with a standard, formal letter-writing style. Address the letter to "To whom it may concern".
- 2. Introduce yourself, including your qualifications and how you know the candidate, and for how long.
- 3. Explain why you think the candidate will be effective, productive workers.
- 4. List specific skills/activities the intern has considerable experience. Indicate other experiences but make sure you don't overstate their skill level.
- 5. Give a personal testimony and why they will be a great addition.
- 6. Since this is a general recommendation, indicate that you are available for further specific recommendations.
- 7. Write a formal business closing and sign your name.