

Pure Freedom  

**Fashion Challenge**

**“Truth Or Bare” Fashion Tests!**

**How do you know if an outfit is modest or not?** Try these “Truth or Bare” Fashion Tests featured in the book, *Secret Keeper*, by Dannah Gresh. They are created to help you start the thinking process and let your heart be molded into modesty. **Try them and visit us at [www.purefreedom.org](http://www.purefreedom.org).**

**I SEE LONDON, I SEE FRANCE**

**“Can you see my underpants?”**  
**SOLUTION:**

Trash your tight pants. For lighter colored pants and skirts, keep a few pairs of “granny panties” (plain white or beige ones) on hand for a safe look. And as far as those bra straps . . . don’t do it! Make sure your tank tops have nice wide straps to cover your bra.



**STAND IN THE GAP**

**“Tell me now . . . is my shirt too tight?”**

**SOLUTION:** It’s a no-brainer. Too-tight shirts are a total bad idea if you want to dress modestly. It’s not JUST about how much of our beautiful epidermis is showing, but how much of our shape is showing! Try buying a size or two larger. (If that bugs you, cut out the tag when you get home.) Or try a shirt under the button-down, which you can leave unbuttoned for a layered look.



**MIRROR IMAGE**

**“How short is too short?”**

**SOLUTION:** Today’s skirts are about extremes. Go for extremely long or extremely full . . . but pass on extremely short. As far as shorts go, they can be hard to find but keep looking! And check out the favorite places to shop on our blog. It’ll help you find shorts with longer in-seams!



**BRA-LLIANT IDEA**

**“Is it cold in here?”**

**SOLUTION:** When you’re wearing thinner shirts, wear a thicker bra to avoid this problem. When you have on a sweater or a thicker shirt, go for a thin and cute bra if you want!



**SPRING VALLEY**

**“Is my shirt too tight?”**

**SOLUTION:** Try a different bra, since sometimes that can make a difference. But if it’s still too tight, get rid of the shirt. It’s not going to get bigger overnight!



**RAISE & PRAISE**

**“Am I showing too much belly?”**

**SOLUTION:** Go for layers and put a longer shirt under a shorter one. Our Secret Weapon: a ribbed T-shirt or tank from the boys’ or men’s department. They’re nice and long and stay tucked in under a cool, trendy shirt. No problem here since she’s got one under her button-down!



**THE PLUMBER’S TEST**

**“Are my pants just too low?”**

**SOLUTION:**

Time to reach for that Secret Weapon again: a men’s tank or T-shirt. And always be willing to consider that some low riders are just too low. Find a pair that won’t cause viewers to blush.



**PALM PILOT**

**“Is my shirt too low?”**

**SOLUTION:** Guess what? Our Secret Weapon works for low shirts as well as short shirts! You can also try a trendy layering technique by putting a button-down under a polo or rugby shirt that plunges too low.



**DANNAH GRESH**  
 Author of *Secret Keeper* and *And The Bride Wore White*.

**The Secret Weapon** Grab a few of these in the boys’ or men’s department. **Simple tank T’s.** They’re great wardrobe lifesavers. Why the men’s department? Because they make men’s shirts nice and long and you’ll have lots to tuck into your pants. Keep your eyes open. I find tanks of varying colors that are nice and long at some of my favorite stores just for girls! Once you have a collection, you’ll always have a great modest and trendy fashion solution on hand!



**Secret Keeper Power Pack**  
 Order online [www.purefreedom.org](http://www.purefreedom.org)

**Locker Poster!**



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